

**NAME** \_\_\_\_\_

**TODAY'S DATE** \_\_\_\_\_

**REASON FOR VISIT:** (What is the problem? Example: right knee pain, left shoulder pain, arthritis, etc):

\_\_\_\_\_

**History:** (How and when did your problem begin?)

\_\_\_\_\_

**Please indicate any treatments you have had so far:** (Check all that apply)

None  Injections  Physical Therapy (how long and where) \_\_\_\_\_

Surgery (when and where) \_\_\_\_\_

Medications (for this problem) \_\_\_\_\_

**Please categorize your pain:** (Please circle one) none mild mild to moderate

moderate moderate to severe severe unbearable

**My pain is:** (Please circle all that apply) constant intermittent achy burning

deep superficial improving worsening

**Modifying factors** (What makes your pain better or worse? Please check all that apply)

Better with activity  Worse with activity  Better with rest  Worse with rest

Better with sleep  Worse with sleep  better with medicines  Nothing

Changing positions help (describe): \_\_\_\_\_

**Other Factors**

\_\_\_\_\_

**Past Medical History** (Please check all that apply):  **NEGATIVE**

<input type="checkbox"/> arthritis	<input type="checkbox"/> fibromyalgia	<input type="checkbox"/> gout	<input type="checkbox"/> hearing loss	<input type="checkbox"/> stroke
<input type="checkbox"/> coronary disease	<input type="checkbox"/> heart attack	<input type="checkbox"/> arrhythmia	<input type="checkbox"/> asthma	<input type="checkbox"/> COPD
<input type="checkbox"/> high blood pressure	<input type="checkbox"/> GERD	<input type="checkbox"/> ulcers	<input type="checkbox"/> thyroid disease	<input type="checkbox"/> hepatitis
<input type="checkbox"/> cancer	<input type="checkbox"/> anemia	<input type="checkbox"/> diabetes	<input type="checkbox"/> colitis	<input type="checkbox"/> neuropathy

\_\_\_excessive bleeding    \_\_\_DVT (clots)    \_\_\_osteoporosis    \_\_\_pulmonary embolism

**Past Surgical History** (Please list any prior surgeries and approximate dates):    \_\_\_**NEGATIVE**

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If you have had surgery, have you had any problems with anesthesia? Please explain: \_\_\_\_\_

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**Do you have any of the following problems?** (Please check all that apply)    \_\_\_**NONE**

___recent weight loss or gain	___fever/chills	___blurred vision
___skin rashes	___headache	___hearing loss
___sore or dry throat	___shortness of breath	___chronic cough
___chest pains or tightness	___heart palpitations	___abdominal pains
___nausea or vomiting	___heartburn (reflux)	___body aches
___pain in multiple joints	___difficulty with urination	___constipation/diarrhea
___burning with urination	___swelling in arms or legs	___depression
___mood swings	___dizziness/balance problems	___skin bruising

**Family History** (Does anyone in your family have a history of the following?) Please check all that apply:

___arthritis	___stroke	___osteoporosis	___hearing loss	___mult. fractures
___coronary disease	___heart attack	___arrhythmia	___asthma	___COPD
___high blood pressure	___GERD	___ulcers	___thyroid disease	___hepatitis
___cancer	___anemia	___diabetes	___colitis	___neuropathy
___substance abuse	___DVT (clots)	___pulmonary embolism	___anesthesia problems	

**Social History:** (Please check the appropriate space):

Smoking history    \_\_\_none    \_\_\_less than one pk/day    \_\_\_one pk/day    \_\_\_two pks/day  
   \_\_\_more than two pks/day    \_\_\_prior smoker who quit.....when? \_\_\_\_\_

Alcohol Use    \_\_\_none    \_\_\_socially    \_\_\_daily. If daily, how much and what do you drink? \_\_\_\_\_

Recreational Drugs    Please list any recreational drug use \_\_\_\_\_

History of substance abuse?    \_\_\_No    \_\_\_Yes. Explain \_\_\_\_\_

**Drug Allergies** (Please check or list others):    \_\_\_**NONE**

\_\_\_penicillin    \_\_\_keflex or cephalosporins    \_\_\_sulfa    \_\_\_IVP dye

\_\_\_aspirin    Others: \_\_\_\_\_

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**Current Medications** (List all medications or supply us with a separate list):    \_\_\_**NONE**

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